

Clinical Exercise Specialist

Salary: £26,000

Hours: 35 hours per week until March 2026 with hope to extend thereafter subject to funding being available.

Location: St Charles Centre for Health and Wellbeing (W10 6DZ). Travel to other community venues and Open Age sites will also be required with occasional home working when the role permits.

Line Management: Senior Clinical Exercise Specialist: Falls Prevention

Working with: Physical Activity Team; Project Staff; Open Age Service Users

Open Age is seeking a proactive Clinical Exercise Specialist who is passionate about working with older adults to reduce falls across the areas we work in. They will play an important role in helping our physical activity team deliver successful, fun and enjoyable falls prevention classes.

The role would suit an enthusiastic candidate who enjoys delivering group exercise classes and can simultaneously coordinate two of Open Age's falls prevention programmes. The successful candidate will have strong administration skills, excellent interpersonal skills, and be able to juggle multiple tasks in a busy environment.

The role is fixed term until March 2026, with the possibility to extend subject to funding.

About Open Age:

Open Age was established in 1993 and we're now celebrating over 30 years of championing an active life for older people. Each week we run a wide range of activities for older people from our own three centres and over 40 venues. From boxing to ballet, baking to blogging - Open Age's array of activities improves the physical and mental wellbeing of our members.

What you get in return:

You will be working in a passionate and enthusiastic team with a strong vision and ambition in striving to enrich the lives of older people.

We offer 25 days leave (pro rata) plus bank holidays and 1 extra day off for your Birthday.

Employer and employee contribution to pension in line with auto-enrolment pension requirement, 3% employer contribution.

Access to the Cycle to Work Scheme through salary sacrifice.

We are a London Healthy Workplace Award accredited and proactively invest in the health and wellbeing of employees supporting fair employment practices and a better workplace.

Applying for this role:

To apply for this position, please submit your CV and cover letter, outlining your suitability for this role (no longer than two pages) .CV's without covering letters may not be considered.

The closing date for applications is **9am Wednesday 19th March 2025**.

Interviews will be held after the closing date/ as and when applications are submitted.

Interview dates: Week of 24th March (if not held right away).

The successful applicant will be required to undergo an enhanced DBS check.