OPEN AGE

Meet.
Move.
Learn.

Annual Report

2025/26



Jonny Donovan Photography

www.OpenAge.org.uk

Registered Charity Number: 1160125

Empowering older people to stay curious, stay active and stay connected.

"If I didn't have Open Age, I don't know what I would do. I can't just stay at home doing nothing. Open Age keeps me active and engaged with things I love – sewing, knitting, learning new skills. It keeps my mind working and my spirits up."

Merline, aged 81 years old

"It was such a lovely surprise to meet a couple from the same province in China as me. Hearing them hum along to the familiar melodies made the whole experience feel incredibly special and close to home. I felt reconnected to my home culture."

Open Age member Fey

"I want to say thank you! My anxiety and stress levels have reduced, and my blood pressure has returned to normal."

Malcolm, aged 82

"Open Age is simply wonderful with their patient staff and volunteers Words will never be enough."

84-year-old Maria

"Before joining Open Age I felt kind of lonely at times. That has definitely changed now I feel part of a community. What keeps me coming every week is the pleasure of doing activities that I enjoy and seeing friends as well."

Josiah, an Open Age Men's Space member

We have changed some names to protect our members' privacy.

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A Message from our Chair

Open Age's mission is to empower older people in London to stay active, stay curious and stay connected.

In 2025/26 we have continued to deliver on our mission for members, providing hundreds of enjoyable activities and events that have enriched their lives and made them feel seen, heard and respected. The wonderful feedback you can read in this report is a testament to the difference we make.

In recognition of the life-changing impact Open Age has, and the accountability we provide, we have secured funding from Westminster City Council and The Royal Borough of Kensington and Chelsea for five years, with the potential to extend for another four years.

From receiving a multi-year funding settlement to developing new partnerships and launching new programmes, we have built solid foundations in 2025/26 which will enable us to increase our impact in years to come. Our plans for the future are bold and ambitious, because our members deserve nothing less. We look forward to sharing these with you over the next 12 months.

If you would like to play your part in helping more older people rediscover their strength, their spark and their curiosity, please consider making a donation today or leaving a gift in your Will to Open Age. Large or small, every donation will help bring community and connection to those that need them the most.

Thank you to all our generous funders, donors and members for making every day at Open Age possible.

To finish, I would like to extend my thanks to Emma and the entire Open Age team for their hard work this year. Their commitment to creating an inclusive community for older people is an inspiration to us all.

Kind regards,



Eric Kihlstrom
Chair of Open Age

A Message from our CEO

What a fantastic and joy-filled year it has been at Open Age!

We are proud to have welcomed over 1,200 new members, taking our membership to over 4,400. It's particularly pleasing to see how many more men, people from global majority communities, those living with multiple health conditions and carers have joined us this year. It's clear that our services are reaching the people who need us the most.

There have been so many highlights in 2025/26. These include everything from our Black Heroes Soul Café Notting Hill Carnival warm-up event and our Movember Men's health evening to member-led question and answer sessions with local MPs Joe Powell and Ben Coleman, and a special access all areas trip to Winter Wonderland. Our members have also taken part in events to celebrate Christmas, Chinese New Year and Eid.

The fun and friendship on offer at all these events must be why an extraordinary 95% of our members would recommend Open Age to their family and friends.

We believe that feeling supported as part of a community is the key to living well for longer. With nearly 224,000 older people living in London saying they often feel lonely, and 20,000 stating they won't have a conversation with any friends or family in a month, we are pleased that 70% of members feel part of the Open Age community and 54% of members have socialised together outside of Open Age activities.

None of the work we do at Open Age would be possible without the generosity of our funders. These include The Julia Rausing Trust, whose continued support this year has enabled us to offer equitable, inclusive and diverse activities that better support and reach those from global majority communities and men. We are so thankful for their life-changing support.

I am also hugely grateful to everyone who has given a donation of any size, or remembered Open Age in their Will, during the year. With you by our side, we can continue to help older people across London stay active, stay curious and stay connected.

Lastly, I would like to thank my wonderful staff, tutors and volunteer team who have worked tirelessly in 2025/26 to ensure every older person we met felt welcomed and supported as part of our very special community.

Very best wishes,



Emma Foulds
Chief Executive of Open Age

Our impact in 2025/26

1,211 new members

joined us, taking our total membership to **4,421 members**



7,339

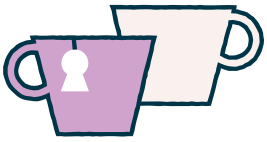
activities took place



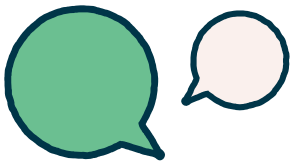
Overall, our members enjoyed **71,665 hours of activity**

52,202 individual attendances

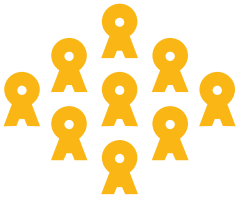
95% of members would recommend Open Age to a friend or relative



54% of members have socialised together outside of Open Age activities



84% rated the quality of our tutors as good or very good



70% felt part of the Open Age community

77% of members said their wellbeing has improved





31% said they see their GP less

29% of members reported going to hospital less





64% agreed their level of physical activity has increased

63% of members reported that their health has improved



OPEN AGE

About OPEN AGE

Our Vision

A happier, healthier life for every older person in London.

Our Mission

We're creating an inclusive community that empowers all older people in London to meet, move and learn – helping them stay active, stay curious and stay connected.

What we do

For the last 30 years, Open Age has been changing the way people think about ageing – we know feeling supported as part of a community is the key to living well for longer.

Working across London, we give everyone over the age of 50 the time, the place and the opportunity to meet, move and learn. From exercise classes to board games, from walks to talks, to language or art courses – we have something for everyone, no matter who they are, whatever they feel like trying, however they want to get involved.



Come and say hi!

Second Half Centre,
St Charles Centre for Health & Wellbeing,
Exmoor Street,
The Royal Borough of Kensington and Chelsea, W10 6DZ

Avenues, 3-7 Third Avenue,
Westminster, London, W10 4RS

New Horizons,
Guinness Trust Estate,
Cadogan Street,
The Royal Borough of Kensington and Chelsea, SW3 2PF

St Margaret's,
1 Carey Place, Westminster,
London, SW1V 2RT

We also hold courses and activities in community spaces across Westminster, The Royal Borough of Kensington and Chelsea, Hammersmith and Fulham, Barnet and Brent.

Outreach and Support Services

For many older people, our specialist Outreach and Support services are a gateway to the wider Open Age community. They're designed to help people overcome any challenges they may face, enabling them to stay connected.

Our team supports people in the community, at home, over the phone and online. We're there for members wherever they need us the most.



Jonny Donovan Photography



Link-Up

For people who need support to try something new or return to activities they used to enjoy, our Link-Up coordinators are here to help.

We can support members to choose the right activity, grow in confidence and overcome practical barriers such as getting to a class. Through Link-Up, we do whatever it takes to help members stay involved, active and learning.

Link-Up in 2025/26

In 2025/26 we supported 361 people through Link-Up, with another 105 receiving help with technology issues through Link-Up Tech.

Helping Alma start a new chapter

Life wasn't easy for 60-year-old Alma when she was referred to Link-Up last year. She lives with chronic pain caused by rheumatoid arthritis and fibromyalgia, and needed our support to find an exercise class that could ease some of her symptoms.



Meeting Alma at one of our centres, our Link-Up Coordinator showed her around and talked her through our range of classes, as well as how exercise might affect her symptoms. Alma explained that if she does too much on one day, she is often unable to do anything the next.

After considering all her options, Alma and her Link-Up Coordinator agreed that chair exercise might be the best class for her to join, with aqua aerobics a possibility in the future.

Alma said **the support she got through Link-Up was "amazing",** and she gets emotional describing the impact chair exercise has had on her life. Not only has it helped ease her symptoms, but it has also made her feel part of a friendly, supportive community.



The image features one of our members, but it is not the person referred to by name.



Men's Space

Men's Space is a relaxed and friendly environment where members can try activities like walking football, cooking, music, or gentle exercise such as Tai Chi, while meeting others in a supportive setting. Our experienced coordinators help members grow in confidence, learn new skills and find a new community.

Men's Space in 2025/26

This year, 923 members of Open Age were men, **310 new men joined** our community and 125 were directly supported by Men's Space activities.

Working together to do more for men

In 2025/26 we have built successful and meaningful relationships with a **diverse range of local community groups** to better support men and people from global majority communities.

We also started running exercise and gardening classes in conjunction with new partner Walterton and Elgin Community Homes, as well as music sessions made possible by Lilestone Community Hub.

> "Before joining Open Age, I was less engaged with my local community, unaware of many useful and interesting activities and of many nice people with good talents and skills. **I keep returning each week as it's enjoyable and fruitful, but also to show support for initiatives such as those offered by Open Age and Lilestone Community Hub.** My advice for new people: give it a go, you'll probably be pleasantly surprised and there's nothing to be lost from exploring what's available."
>
> **Jonathon, a Men's Space member**





Movember health awareness for older men

In November, 52 men came to our informative and enjoyable Movember Men's Health event, run in partnership with Violet Melchett Health and Wellbeing Hub. Health and wellbeing information and advice was provided by Open Age and our event community partners. And every space was quickly filled in our popular Tai Chi taster sessions.



"We at Walterton and Elgin Community Homes have been delighted by what we have observed since Open Age's Men's Space has joined us.

"[Men's Development Coordinator] Michael has successfully consolidated a group of regular attendees, and the sessions are always upbeat and cheerful. I have the impression that these sessions are deeply valued by the attendees, some of whom have told me they have very few other opportunities to socialise with others through the week.

"My Board and I applaud the fact that Michael has introduced a whole variety of activities for the group to try out, including Walking Sports, Tai Chi and Gardening, making the most of our indoor and outdoor facilities. I am always pleased to see the group interacting with Bongo, our Community Gardener, working together according to each person's abilities to take part in horticultural activities, which are generally proven to be great for mental and physical wellbeing.

"Men's Space is a really valued addition to Walterton and Elgin Community Homes's weekly programme, and we are very happy that they have chosen to be based with us."

Suzanne Wolf
Chief Executive, Walterton and Elgin Community Homes

Reaching those who need us the most – The Julia Rausing Trust Community Engagement Project

This year was the first year of our three-year Community Engagement Project, which is funded by The Julia Rausing Trust, to develop and deliver events and activities that recognise the unique challenges and poorer health outcomes faced by people from global majority communities and men.

We will use the learnings from the project to make sure our programmes, centres, activities and events are more culturally appropriate and inclusive of men.



Photo: Camille Curtis

Over 237
members enjoyed these activities, 39% of them were men.

64%
of people taking part in the project were from global majority communities.

A high-impact first year

In 2025/26 we co-created and delivered 2,433 hours of classes through more than 279 individual activities, events and outings that celebrated the diversity and lived experience of men and those from global majority communities.

These included our Pre-Carnival Warm-Up Black Heroes Foundation Cultural Event, featuring dancing, food and a film screening of Claudia Jones, as well as Open Mic sessions where members read poetry, told stories and sang. We also organised festive events including Eid, Chinese New Year and Easter.

We partnered with community groups within our area and further afield to reach as many people as possible. It was a pleasure to engage with Brent Elders Group, Masbro Elders and many other local community groups. One community partner commented, **"We are really happy to hear about the work that you are doing at Open Age because it's needed, and we share similar values because we support the same communities."**

Taking learnings forward

As part of the project, we have run test-and-learn sessions with a social engagement element at the end. These have helped tailor activities to each group's needs. We have also reviewed how classes and events are promoted, and our more targeted outreach is proving successful. We have applied learning from the Black Heroes event by introducing a Cultural Calendar of events. We have also reviewed how our centres present cultural inclusion and are making adaptations.



Creating community and connections at Chinese New Year

Featuring musical performances and a tea ceremony performed by young members of the Chinese community, our Chinese New Year celebration was an unforgettable event for all involved.



One older couple who attended said, **"The two girls performing today are both from our hometown... we live 10 minutes away from each other. Thank you for bringing a piece of our home to us today."**

The sense of connection the couple found was shared by the performers they met. One shared, **"It was such a lovely surprise to meet a couple from the same province in China as me. Hearing them hum along to the familiar melodies made the whole experience feel incredibly special and close to home."**

It was a privilege to be given the opportunity to run this event, alongside so many others, this year. Our heartfelt thanks go to The Julia Rausing Trust for their life-changing support.



Phone Groups

Our Phone Groups enable members to enjoy interesting conversations from the comfort of their own home. There are engaging talks on a wide range of topics, from art and history to personal stories and guest speakers.

Our staff guide the sessions, helping some of the most isolated members of our community find friendship and connection at Open Age.

As Carmen, one of our Phone Group members, put it, **"You give me a window to the outdoor world and connect me to others."** Phone Group members also have the option to join occasional outings so they can meet one another in person.

64

Phone Group sessions took place, with an average of over 10 members joining us in each session.



Jonny Donovan Photography

33

unique members took part in our eight delightful in-person events this year.

Phone Groups in 2025/26

In 2025/26 44 unique Phone Group members enjoyed a range of talks, including one about the British Museum.

Sharing their feedback, one attendee said: **"Thank you for organising our British Museum phone group talk today, an introduction to something so interesting that we can follow up on. The choices of topic were very interesting, especially Mary Delany. During my childhood in the 30's, my mother made crepe paper roses and water lilies. I especially remember double-sided paper, red, golden beige, and think of her when I see real ones. A couple of days ago I was told, in conversation, to keep having projects to look forward to... to keep the brain and attention going... now I have another one."**

Our Phone Group outings were also a hit this year, especially one to The Royal Borough of Kensington and Chelsea Archives. **"Thank you for arranging the trip to The Royal Borough of Kensington and Chelsea Archives,"** one member said. **"We thoroughly enjoyed the trip and listening to the Library Conductor explaining what had happened during the last War. How people managed during that period, seeing the photos."**

Time for Me



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Time for Me offers a welcoming and flexible way for unpaid carers to take a break and focus on themselves, which is vital to supporting them in their caring role. Members enjoy relaxed activities such as cinema trips, walks, creative sessions or outings, all designed to help them unwind and enjoy time with one another.

Time for Me in 2025/26

This year we helped 89 Time for Me members take a well-deserved break, offering trips to places such as London Zoo and the Sky Garden, alongside coffee mornings, spa days and more. Our members particularly enjoyed our annual seaside trip to Margate and the launch of a monthly book group in March.

Our team also helped boost our members' health and wellbeing by running activities such as Stress Awareness Day, tapping and breathwork sessions. These are important approaches to regulating the nervous system for anyone who is supporting others in often challenging circumstances.

Throughout the year, we kept in touch with members by text, phone and email to ensure they knew about our upcoming events and the support on offer. One Time for Me member shared, **"The project makes me feel that I matter."**

111

Time for Me activities took place in 2025/26.

1,372 hours

of Time for Me activity took place, helping members enjoy a break away from their caring duties and meet others who know what life can be like as a carer.



What our Time for Me members say...

"Time for Me has reduced my isolation time."

"[Time for Me] is just amazing how it is."

Be Active

Be Active is here to help people over 60 who live in Westminster or The Royal Borough of Kensington and Chelsea and have recently completed NHS physiotherapy.

We match participants with a trained volunteer who encourages and supports them to complete their exercise plan, helping them rebuild their strength and confidence after an accident or illness.

Each Be Active member receives nine weeks of tailored support.



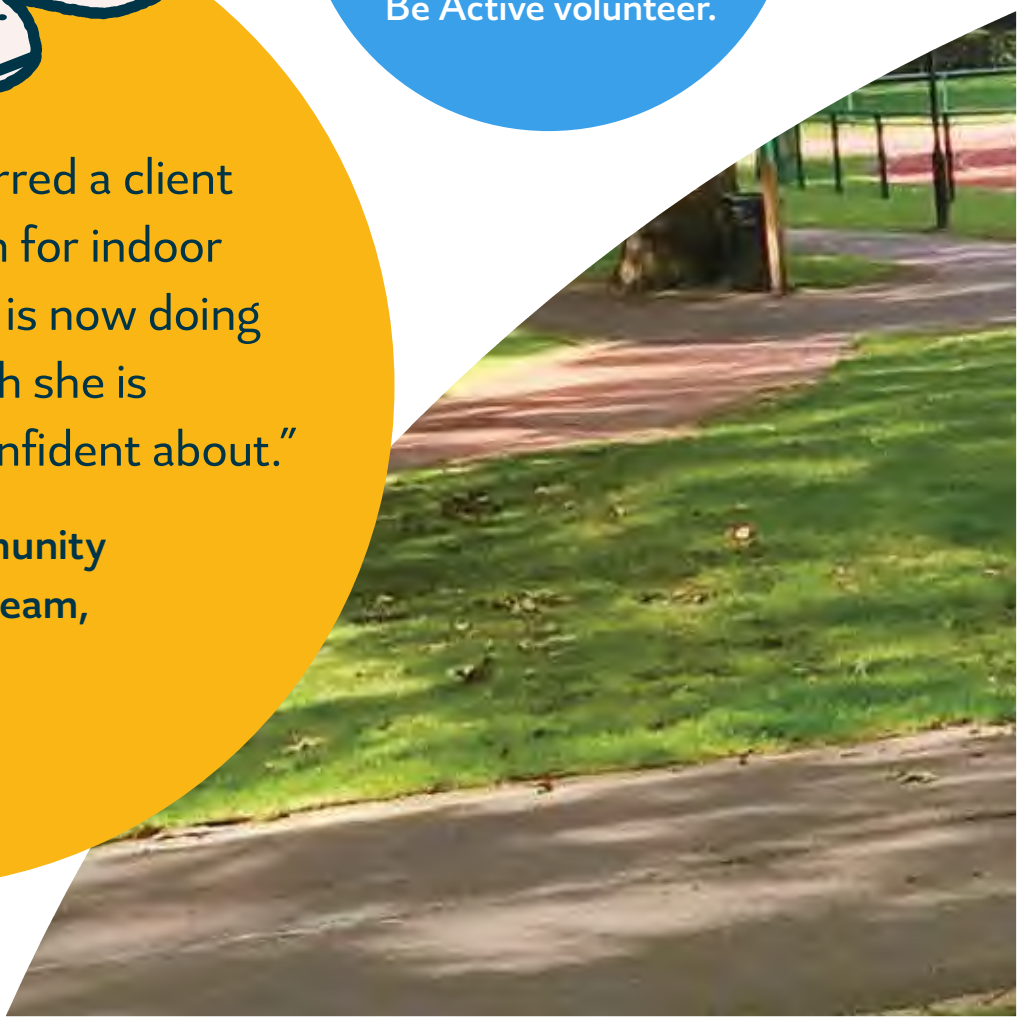


73

people completed their plan with a Be Active volunteer.

"I had initially referred a client to the Be Active team for indoor exercises... The client is now doing outdoor walking which she is feeling much more confident about."

A member of the Community Independence Service team, a Be Active referrer



Our Be Active volunteers change lives

In 2025/26 our Be Active volunteers gave over 1,358 hours of one-to-one support to help participants achieve their goals and become more mobile.

One Be Active participant shared:

"Be Active has really helped me get back to going outdoors for myself. **I thank you so much for your support, for being flexible when my routine changed and for being patient when I was feeling it was too hard.** I'm really pleased with what I've been able to achieve because of your help, and I will definitely keep going."

We welcomed 36 new volunteers to the Be Active team this year. We're delighted to have them on board.

80%

of Be Active participants achieved their goals.



Physical Activities

Exercise is key to a longer, healthy life, which is why at Open Age we're passionate about helping our members stay active.

We offer a range of exercise classes and activities for all abilities, as well as clinical programmes designed to help members living with specific health conditions or those who have recently had a fall.





Getting members moving in 2025/26

In 2025/26 we ran 27 different types of physical activities, everything from aqua aerobics and dance to chair fitness and Pilates. Our activities took place in over 30 locations to ensure distance wasn't a barrier to getting involved.

Clinical exercise

Each of our clinical exercise programmes incorporates a series of tailored exercise classes designed to promote independence and help members become fitter and stronger.

This year we continued our three long-standing clinical exercise programmes – Steady and Stable, Osteo-Blast and Healthy Lungs – and launched Breathe and Beat, which is designed to help improve the heart and lung health of global majority communities facing high levels of health inequality.

1,436

members stayed active through our physical activities in 2025/26.

Steady and Stable



Steady and Stable is our award-winning falls prevention programme. Lasting 9 months, it is renowned for the impact it has, helping members grow in strength and improve their balance.

In 2025/26 we expanded Steady and Stable, adding an additional programme in Brent to meet the rising demand. In total, we ran 19 falls prevention classes every week across The Royal Borough of Kensington and Chelsea, Westminster, Hammersmith and Fulham, and Brent.

"Life was boring before Steady and Stable. This course allowed me to meet wonderful people, and I got to loosen up my body. **It has done me the world of good. I'm now confident and more agile. If I have a problem with my balance, I can approach it and I know what to do.** Because of the programme, I am still doing exercises independently!"

Robert, Ready and Stable member



Osteo-Blast

Osteo-Blast supports members with osteoporosis or osteopenia.

Over 16 weeks, members take part in exercises that help prevent bone loss and fractures, enabling them to become stronger and more independent.

One Osteo-Blast member commented, "I like the Osteo-Blast class because, amongst other benefits, I feel it specifically targets bone building with me having osteoporosis. I'm very conscious of the damage a fall could do to my bones, such as a fracture.

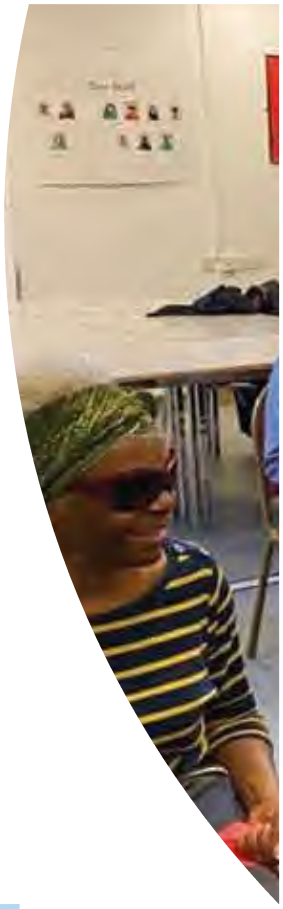
"Since I have been doing Osteo-Blast classes, I am more aware of improving my balance and hopefully avoiding such a fall. I know that since I've been doing the class, my balance has improved significantly, and I feel it's continually getting better, and **I feel stronger and more confident with my body."**

Healthy Lungs

Healthy Lungs is here to help members living with long-term breathing conditions stay well.

June, who's 86, takes part in Healthy Lungs online. She said, "I look forward so much to my classes. The improvements I've noticed are how much stronger all my limbs feel, I've learnt to breathe properly, I have more stamina and can do so much more than before Covid... **I would be bereft if these classes didn't exist...**

"If the class was not on Zoom, I would not be able to participate, and I would certainly not be in the condition I am in now. I can't stress enough how important this class is to me."



New this year: Breathe and Beat

Funded by The Royal Borough of Kensington and Chelsea Community Public Health Programme, Breathe and Beat supports people who are disproportionately impacted by health inequalities, particularly older adults from Black Caribbean, African and Arab communities in The Royal Borough of Kensington and Chelsea.

Breathe and Beat empowers members to become healthier and more active by boosting their confidence, increasing their knowledge about long-term health conditions and supporting their symptom management.

Working together

We are partnering with The Pepper Pot Centre, Eritrean Fifty Plus Community and WAND UK to deliver Breathe and Beat. Alongside direct delivery, we've been supporting our partner organisations to grow their own capacity and confidence in delivering health projects within the communities they serve.

Community health checks

Through Breathe and Beat, we have introduced clinical testing in community settings. This included blood pressure monitoring, oxygen saturation checks and point-of-care cholesterol (lipid) testing, which was delivered in partnership with Imperial College Health Partners. Members who were concerned about their results are able to quickly follow up with their GPs.





Building trust

By providing regular face-to-face sessions in familiar settings, we have been able to gain our members' trust, helping them feel more comfortable talking about their health, asking questions and engaging with support when they may not have otherwise.

Sandra's story

At The Pepper Pot Centre, during Breathe and Beat, Sandra would sit in the same chair every week, just off to the side of the action. She would occasionally join in but usually preferred to watch quietly from her usual spot.

Then something changed.

During one of the sessions, Sandra got up from her normal chair and sat in one of the designated class chairs. This one small action was a huge step forward in Sandra's confidence, engagement and physical progress. It was the start of a healthier chapter.

Today, Sandra actively participates in the exercises and has shown real improvement in her mobility and endurance.

Arts, Cultural and Social Activities



Our Arts and Culture programme encourages members to learn new skills, explore new places and enjoy shared experiences, surrounded by a community of friends old and new.

Over 1,000

members took part in our Arts and Culture classes, enjoying everything from Philosophy to Rummikub.



In 2025/26 this area of our work went from strength to strength, making our centres a hive of activity and a place where everyone feels welcome.

One of our highlights this year was our African Art Workshop, which was held at our Second Half Centre and led by Centre Manager, Andrea Carrington. Andrea said,

"The members connected through small talk, turning the session into more than just art – it became a space for social connections."

Many of our activities are run by our extraordinary volunteer tutors, who host a range of Arts and Culture classes such as shared reading, current affairs and games clubs, including Rummikub. We introduced a Recorder class this year which was so popular that we're now running separate sessions for beginners and intermediates.

We delivered 74 trips and events to exciting destinations such as Kew Gardens, the V&A and many more. Whether they were longstanding members of Open Age or new this year, everyone had a smile on their face as they headed home after a day to remember.



Glamour, glitz and jolly-good fun with The Posh Club

Delivered in partnership with Morley College in North Kensington, Open Age members had an afternoon to remember in April thanks to The Posh Club; a playful, tongue-in-cheek 1940s-style afternoon tea featuring live cabaret performances, vintage crockery, and volunteer waiting staff dressed in black tie.

Meena Julie, who came to the event with her Open Age member dad Eric, said, "The Posh Club event at Morley College was an absolute triumph! I took my dad along, and we both had such a wonderful time. The live entertainment was truly fabulous – a real treat – and the DJ had everyone, young and old, up on their feet and dancing."

Meena wasn't alone in having the time of her life at the event. Another attendee said, **"My two friends and I have fallen in love with The Posh Club. We had a fantastic time, dancing, eating, being entertained and all you could see was people smiling and enjoying themselves. All the Open Age volunteers treated us like celebrities."**

Our thanks go to Morley College for providing space and funding, as well as to the City Living Local Life and Westminster Ward Funds for helping us bring this unique event to life.



"The Posh Club with Open Age was a storming success. It was such enormous fun on the day – all the dancing and socialising. **The participants from Open Age were an extremely ethnically and culturally diverse bunch...** how many nations of origins and heritages were present? Must have been dozens, all dressed up to the nines. Your community does west London proud."

Simon Casson, producer of The Posh Club

Creativity on display

This year our talented members exhibited artwork at not just one but two different art exhibitions. They also helped raise hundreds of pounds through our annual Christmas card competition





Kensington Central Library

Visitors to Kensington Central Library earlier this year will have seen a stunning installation featuring contributions by Open Age artists and sewers from our classes at the Second Half Centre. A beautiful job well done.

◀ The installation at the Kensington Central Library.

Saatchi Gallery

During 12 weeks of workshops, 19 members showed their creative flair as they explored art through recycled materials and different artistic techniques. At the end of the workshops, our members' artwork went on display for a month at the prestigious Saatchi Gallery.



◀ Examples of our members' art on display at the Saatchi Gallery.

Christmas card competition

A highlight of the Open Age calendar is our annual Christmas card competition. This year we invited members to design a Christmas card, with the winning four selected for print and sold in our centres to raise funds for Open Age. The standard was exceptional, and selecting the winning designs was no easy task.

We would like to thank our members for embracing the Christmas spirit and donating their artwork. Together they helped raise over £330 for Open Age – every penny of which will be spent helping our members stay active, stay curious and stay connected.



The winning four designs.

Silver Sunday

Silver Sunday is a national event where communities come together by hosting fun and free activities for older people.

This year, alongside our partners, we organised over 28 free events for Silver Sunday, including a visit to the National Army Museum, bingo sessions, quizzes and more. Our thanks go to all our Silver Sunday partners for making the day such a success.



Parties and socials at Open Age

From a Winter Wonderland visit and a VE Day commemoration to our Christmas parties and summer socials, this year has been filled with opportunities for members to connect and celebrate.





▲ Our members enjoying the rides and hospitality at Winter Wonderland.

▼ An (indoor) street party to mark the 80th anniversary of VE Day.





Our partners help us deliver more

Our partners of all sizes help make our Arts and Culture programme, parties and social activities possible.

This year our partners have included **Kew Gardens and the Royal Parks,** well-known **museums and art galleries,** as well as **corporate organisations** who have donated funding and time to deliver IT support, gardening services and provide delicious meals at events such as our VE Day commemorations.

We are so appreciative of their support.

A heartfelt thank you to our volunteers

Our volunteers are at the heart of the Open Age team. Whether they're providing a friendly face on reception, leading trips around London or making our New Horizons cafe space warm and homely, they go above and beyond to help our members thrive. Thank you.



Sharing knowledge and finding community

Feedback from three volunteers

"Due to the historical walks I facilitate for Open Age, I have met so many great people who are as enthusiastic about London's history as I am, which is why I do these trips. I want to share my knowledge with other members."

Frances Burns

"I get a lot out of volunteering for Shared Reading. Even the preparation is rewarding and the cherry on the cake is the interest that my group is showing for most of the stories and poems I select."

Anne Marie Cadars

"I came to Open Age because I wanted to get out and meet people. I love volunteering at Open Age. It has turned everything around for me."

Jackie Lally

Community Learning

Open Age Community Learning courses provide structured opportunities for people to develop new skills, explore creative and practical interests, and build social connections in a supportive and inclusive environment.

We ran **140 courses** in 2025/26, 46% of which were dedicated to improving digital skill.

Funded by The Royal Borough of Kensington and Chelsea Adult Learning Service, our five- and ten-week courses cover a broad range of subjects and are led by experienced tutors. The courses are open to people of all ages, abilities and backgrounds. The programme is designed to support members to feel more confident, connected and active, while fostering a sense of lifelong learning.

461 learners took part in one of our courses.

100% of course participants rated our tutors as good or outstanding.

"The course is the highlight of my week. It widens my horizons. I enjoy listening to the contributions from other members of our lively group." **Marion, aged 85**



Throughout the year we have expanded opportunities for members to explore courses by introducing more taster sessions, giving people the chance to build confidence and discover new interests before committing fully to a course. Many members also chose to take part in more than one course over the year in different subject areas, reflecting the value they found in continuing to learn and try different subjects.

Across 2025/26, our programme brought together a diverse community, creating a supportive environment where people could share experiences, make new friends and learn from one another.

New this year

- How to Use Maps
- Creative Design using Paint and AI
- Travel Smart
- Crochet and Knitting
- Chinese Calligraphy.



Over **60%** of members said our courses helped boost their health and wellbeing.

Arts and personal development courses

Our members made new friends, broadened their horizons and developed new and existing skills in 2025/26 through our wide range of creative and personal development courses. These included courses on art, mosaics, mindfulness and Chinese calligraphy, as well as creative writing and language classes.

> "It is a precious moment away from responsibilities and a chance to develop interests."
>
> **Delores, aged 85, Life Stories**

> "Learning Spanish and making friends at the same time [has] reduced my isolation and helped with my mental health."
>
> **Russ, aged 75, Spanish learner**

> "I needed to use my hands in different ways in order to ease my arthritis. This course has helped ease the stiffness and pain I experience."
>
> **Sandra, aged 81, Crochet and Knitting participant**

The Open Page

In October, we were thrilled to publish Open Age's third anthology entitled The Open Page, An Anthology of Creative Writing 2025.

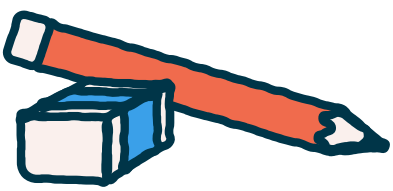
Fifty-four authors submitted pieces, bringing together a diverse range of voices to create a collection that celebrates individuality and our members' unique experiences.

Scan the QR code to purchase your copy now!



This course hasn't just helped me learn; it's helped me stay connected, stay active, and keep looking forward." Patrick's story





At 97, Patrick is proof that learning has the power to transform lives, no matter your age.

After a successful career in advertising and later running a market stall with his wife, Patrick felt lost and alone following her death. Discovering his wife's unused art supplies, he chose to honour her memory by enrolling in art classes — reigniting creativity and purpose in his later years.

Now a regular at our art classes, either Drawing at the V&A or Sketching in Holland Park, Patrick has built new friendships and developed his artistic skills. His tutor described him as someone who "lifts the class up" and "inspires everyone."

Patrick said, "I've definitely improved in my drawing and sketching – it's a simple but positive result.

"More than that, I've benefited hugely from the social side of the class. Every week, I meet a lovely bunch of people who share similar interests. Having lost my wife and now living on my own, the class has really helped keep me going.

"It gives me structure and purpose. Having a fixed appointment each week gets me out of bed, helps me organise my week, and —if I'm honest— reminds me what day it is! At my age, you really do need that."

Digital Inclusion



Technology enables us to stay connected, maintain and build relationships, and access everything the online world has to offer, but without the necessary skills, many older people risk being left behind.

This is where Open Age comes in.



Tackling digital exclusion through community learning

Funded by The Royal Borough of Kensington and Chelsea Adult Learning Service, we ran over 60 courses this year that helped members become better connected and more confident in the digital world.

These included How to use Outlook and Hotmail, Scam Awareness, Digital Photography on your Mobile, Using Social Media, How to use the NHS App and Introduction to AI.

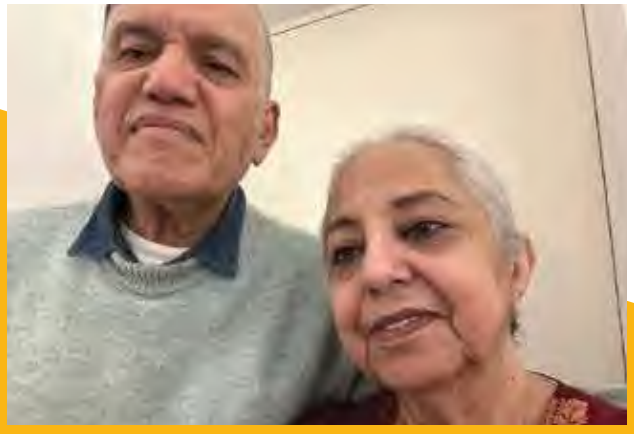
"Digital discovery, determination and a future filled with possibility."

Rukiya's story

Since joining Open Age, 74-year-old Rukiya has embarked on a journey of digital learning and personal empowerment.

Originally from Malawi, Rukiya moved to the UK in 2009 after a 35-year career as a GP. She has faced significant health challenges in recent years, including breast cancer and a dementia diagnosis, all of which affected her confidence and independence.

Open Age's digital courses have helped Rukiya transform her daily life. She now confidently uses WhatsApp, email, and navigation apps to manage her health, stay connected with family and friends around the world, and maintain her independence.





This year Rukiya was nominated for an award at The Mayor of London Adult Learning Awards, where her nomination was highly commended. She was recognised in the category Mayor of London Learning – Personal Progression. Rukiya attended the awards ceremony on 13 November at City Hall, accompanied by her husband and Open Age tutor, Lena Dekair.

We are proud of how far Rukiya has come. Her story is the perfect example of how lifelong learning can rebuild confidence, strengthen independence, and open new possibilities at any age.

> "Before Open Age, I stayed home and felt lost. Now I'm active, social, and proud of what I've learned." Rukiya



DigitALL

Delivered by a partnership of charities led by Open Age, DigitALL tackles digital exclusion among older people, as well as people with English as a second language, and adults with learning difficulties.

We provide participants with data packages and devices (if required), along with one-to-one and group support, delivered in centres, in community spaces and in members' homes.

- **190 participants took part in DigitALL in 2025/26, 69% of whom are from global majority communities**
- **67% of DigitALL participants live with a long-term health condition**

Participants taking part in DigitALL between April and December felt better connected, more confident and less excluded at the end of their sessions.

- **84% reported an improvement in their levels of wellbeing**
- **88% told us their anxiety levels had decreased**
- **92% reported an increased understanding of using either the NHS app or NHS website**
- **100% reported accessing the internet more frequently, enabling them to stay connected**



Maureen's connected thanks to DigitALL

Ninety-year-old Maureen was referred to DigitALL through My Care My Way. She lives with a heart complaint and was nervous about coming into our centres and so we went to her.

Across five one-to-one DigitALL sessions, Maureen learned how to use her device, connect to the internet and download apps – all things she had felt were beyond her.

Maureen shared, **"I recognise how important being digitally connected is, and I am now motivated to learn... Thank you to this wonderful organisation."**

DigitALL funding

DigitALL was generously funded by a variety of different organisations in the first three quarters of this year.

These included Public Health Time Limited Investment Fund, Suez Recycling and Recovery UK, Version 1, Newlyn PLC and Quorum Cyber.

We are so grateful for their support.

"I appreciate what Open Age is doing for people like me. I need one-to-one help from someone who is patient as I forget things easily. I have tried classes but found them quite dispiriting – without one-to-one help I would probably give up entirely."

DigitALL participant Marcia, aged 83



Over 930 hours of online activity were delivered in 2025/26.

Open Age Online

Open Age Online is the perfect way for members to meet, move and learn from the comfort of their own home, because being unable to come to our centres should never be a barrier.

In 2025/26 we hosted a series of online talks focussing on members' health, as well as online sessions ranging from chair exercise and Pilates to mindfulness and meditation. Our classes in Greek mythology and Spanish conversation were also a hit this year.

Louise, who is 86, said, **"Open Age online classes have broadened my mind and introduced me to new ideas."**

"As I'm 93 and permanently on crutches exercise possibilities are limited. Those online are a godsend. In winter when it may be cold and slippery outside, the online exercise is especially useful."

Open Age Online member Benjamin

Fundraising

In the past, Open Age has been largely funded by statutory sources such as local authorities and NHS funders, and some very generous philanthropists.

Those streams of income remain the bedrock of Open Age's income, but at a time when our funders' budgets are coming under increasing pressure, our costs are also rising. Against this backdrop, it's vital we continue to diversify our income.

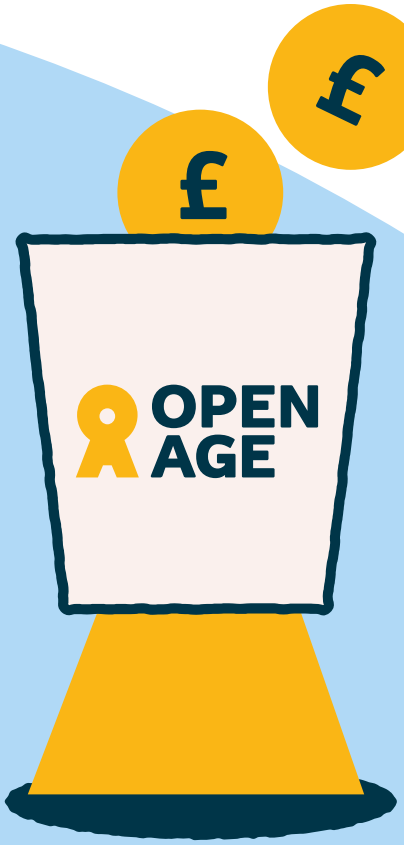
Support from Trusts and Foundations remained stable this year despite an increasingly competitive marketplace, and growing our income from individual donors was a key area of focus.

Members tell us they would like to support the community that means so much to them, but don't always know how. We continue to encourage them to donate in whatever way they prefer, whether that is at our centres, via our website or through a regular gift; every donation is valued and appreciated. It is a testament to the strong community we have at Open Age.

In 2025/26, we continued our Gifts in Wills awareness programme, promoted fundraising among members and improved our donation processes.

Lady Jill Shaw Ruddock donated £25,000 to fund the work of The Second Half Centre via The Second Half Foundation. The Second Half Foundation was formed in May 2012 to create and build The Second Half Centre in St Charles Hospital in North Kensington following the publication of Lady Ruddock's book, The Second Half of Your Life (published by Ebury 2011). Our heartfelt thanks go to Lady Ruddock for her ongoing generosity.

Open Age gratefully received a £10,000 donation from The Marcia Blakenham Trust. Open Age also benefits from Marcia's time and considerable experience in her role as a trustee for the charity.





Five years ago, Open Age expanded into Grants and Trusts Fundraising. In 2025/26 we recruited an Individual Giving fundraiser to increase engagement with donors and facilitate giving, marking an important step in diversifying our sources of unrestricted income.

We have also created a part-time communications role this year to build awareness of Open Age across a range of media, enabling us to reach more potential members and support fundraising in the future.



A life-changing legacy

This year we received an exceptionally generous legacy gift of £180,000 from a member who had attended Steady and Stable classes and been part of our Phone Groups since 2017.

Their kind gift enabled us to continue vital services at times when our costs exceeded the funds we had in place. Every pound has made a difference.



Thank you

We cannot thank our funders and donors enough for their life-enriching support this year.

Statutory Funders

Royal Borough of Kensington and Chelsea Council
Westminster City Council
Brent Council
Central London Community Healthcare NHS Trust
Hammersmith and Fulham Council
North West London ICB
Kensington and Chelsea Social Council

Other grants from:
Kensington Community Spirit Grant
RMG Housing Solutions
Westminster Community Contribution Fund

Corporates and Organisations

Suez Recycling and Recovery UK
Version 1
Newlyn Plc
Three Hands Insight
Morley College North Kensington
Imperial College
Quorum Cyber
Hammerson
Vodafone
Royal Collection Trust
The Royal Astronomical Society
Paddington Partnership
O2 Busness
Keltbray
Westminster Talking Therapies
Community Living Well
Citizens Advice
Visiting Angels
Royal Astronomical Society
Westminster Digital Inclusion

Venues

Age UK Hammersmith and Fulham
EveryoneActive: Porchester Leisure Centre
Ixworth Place Community Centre
Lilestone Street Community Hub
Paddington Sports Club
EveryoneActive: Paddington Recreation Ground
Penfold Community Hub
The Pepper Pot Centre
St Mary's the Boltons
St Stephen's Church
The Community Hub (Earls Court)
Westminster Academy
Kensington Central Library
Fitzrovia Community Centre

Trusts and Foundations

Nancy, Viscountess Blakenham's Charitable Trust
The Marcia Blakenham Trust
The Kensington & Chelsea Foundation
The Percy Bilton Charity
The Second Half Foundation
The Hyde Park Place Estate Charity
The Julia Rausing Trust
The D'Oyly Carte Charitable Trust
Residential Management Group Ltd
Invesco Cares Foundation
City Bridge Foundation
The Royal Institute of Philosophy
PCC St Stephens Church
Westminster CC & CCG Queens Park
The Westminster Almshouses Foundation
The Edward Harvist Trust
The Henry Smith Charity
Westminster Amalgamated Charity
The Eddleston Settlement

Happier, Healthier Living for All

Our new five-year strategy is focused on empowering older people to stay active, stay curious and stay connected through our unique meet, move, learn approach. We want all older people to have the opportunity to enjoy happier, healthier lives.



What we're aiming to achieve

To do this, we are focusing our efforts on the key areas older people tell us will make the most difference to them. These are:

- Improving the health of those with the greatest health inequalities, including global majority communities and men, directly and through wider systems change
- Building communities to overcome loneliness
- Ensuring all older people are aware of Open Age and how we can support their health and wellbeing
- Partnering with key statutory stakeholders, VCSEs and commercial organisations to deliver health and wellbeing impact at scale for older people
- Unlocking the funding needed to provide our life-changing services.

Healthier, Happier Living for All is a five-year strategy, starting in 2026/27. We will share regular progress updates in our communications and a summary of Year One impact in our 2026/27 annual report.



Jonny Donovan Photography

Financial Review



All figures stated rounded to nearest £,000

Open Age's income for the year totalled £1,906 (2025: £1,773) of which £1,681 (2025: £1,714) was received as grants and income from contracts.

The main sources of income for the year were: The Royal Borough of Kensington & Chelsea, whose various departments provided £732 (2025: £728); Westminster City Council £258 (2025: £258); and other income from various funders, donations and earned income made up the remaining £916, as detailed more fully in these accounts.

A number of other funders directed their assistance to specific projects. These have been separately identified in the accounts.

Where specific funding received was insufficient to meet the expenditures of the specifically funded activities, additional funds have been transferred from the unrestricted funds of Open Age to eliminate the resulting deficits in the specifically funded activities at the end of the financial year.

The main expenditure of Open Age is on staff salaries and on our centres and venues. Costs have been allocated to activities on the basis of estimates prepared by staff.

At the end of the year Open Age took over the provision, under TUPE, of Outreach and Befriending Services from Octavia. A provision of £61 to cover net redundancy costs in April is included in the deficit for the year.

During the year, the estimated useful economic life of certain intangible fixed assets was reassessed from five years to three years. This change in estimate has been applied prospectively and has resulted in an additional amortisation charge in the year.

Open Age ended the year with a deficit of £423 (2025: deficit of £247).

Cash, bank and deposit balances totalled £1,068 (2025: £1,253). Total fund balances available to be carried forward were £875 (2025: £1,298) consisting of £50 of designated funds (2025: £76); £531 (2025: £880) of general funds; and £294 (2025: £343) of restricted funds, which represents funds held for the remaining lease of the New Horizons building.

The full Statement of Financial Activities is set out on page 48 of this report, together with accompanying notes on pages 51 to 66.

Reserves

Trustees have reviewed the charity's reserves to assure themselves that free cash reserves (excluding designated funds) are maintained at a level that enables the charity's current and future projected activities can be financed and that the charity can maintain financial sustainability in an ever-changing landscape.

As of 31 March 2026. The unrestricted free reserves stood at £531 (2025: £880).

Risk Management

The Board is responsible for ensuring Open Age considers its risks, has a risk register in place and that this register is reviewed on a regular basis. The Board has assessed the major risks to which the charity is exposed and these are detailed below with a summary of plans for managing these risks:

- A significant reduction or loss of funding from Local Authorities and ICBs or statutory health funding. At a time when local authorities and ICBs are being required to make efficiencies there is an ongoing risk that funding directed towards preventative services such as Open Age may be reduced. To mitigate against this the CEO and Senior Management Team maintain good relationships with our commissioners including regular review meetings where targets and KPIs are discussed. The CEO sits on various boards and partnerships to ensure prevention stays high on the agenda. Open Age actively engages with other statutory bodies operating in this field to ensure we are well positioned to receive support from other partners should cuts be proposed.
- Inability to cover infrastructure cost. To reduce reliance on statutory funds and increase unrestricted income Open Age is implementing a fundraising and income diversification strategy. This includes recruiting and ongoing development of two fundraisers.
- Loss of key personnel. We have policies and procedures in place to recruit and retain suitable staff and volunteers. We conduct regular staff surveys to measure staff satisfaction levels and have implemented a number of staff wellbeing measures.
- Complaints from Members or Tutors. Open Age has a clear members' code of conduct and complaints procedure in place to deal with any complaints. This is overseen by our Senior Head of Service Delivery and any complaints are investigated and reported to the Senior Management Team.

The Board is also looking at wider strategic risks arising from trends and events outside, and beyond the control of the charity and has started to address mitigation and contingency plans against these external events.

Investment policy and performance

The constitution provides that monies not immediately required for Open Age's activities are to be invested in or upon such investments, securities or property as may be thought fit. At present the Trustees' policy is to place all such monies on interest bearing deposit.

Fundraising

During the year 2025/26 Open Age employed two fundraisers, a Trusts and Foundations Fundraiser and an Individual Giving Fundraiser. It also retained the services of Nova Fundraising Ltd who support fundraising and mentor fundraising staff.

The two fundraisers are directly employed by Open Age, while the Nova Fundraising Consultants supporting the charity are members of the Chartered Institute of Fundraising (CIoF) and adhere to the Fundraising Regulator's Code of Fundraising Practice. Open Age is registered with the Fundraising Regulator and ensures compliance with the Code of Fundraising Practice and all applicable data protection requirements.

To ensure high-quality and cost-effective delivery of fundraising and communications activities, Open Age works with trusted external providers, including designers, printers and mailing houses. These suppliers are appropriately accredited and are required to comply with relevant industry standards, regulations and best practice.

Legal and Administrative Details

Charity Registered Number:

1160125

Date of Adoption of Constitution:

25th November 2014

Board of Trustees:

Elected Members

Marcia Blakenham
Hilary Bowker *
Colin Campbell (Resigned 14/03/2026)
Malti Josh (Resigned 29/09/2025)
Ann Lewis (Resigned 01/12/2025)
Sandra Franklin

Co-opted Members

Cynthia Bullock
Eric Kihlstrom, Chair*
Anna Strang
Charles Bauccio, Treasurer*

* Also members of the Finance, Risk and Staffing Committee

CEO: Emma Foulds

Principal Office:

St Charles Centre for Health and Wellbeing,
Exmoor Street,
London W10 6DZ

Auditors:

Barnes Roffe Audit Limited,
East London Office,
Leytonstone House,
Leytonstone,
London, E11 1GA

Bankers:

Barclays Bank PLC,
Willesden Branch,
Westmoreland House,
Scrubbs Lane,
London NW10

Structure, Governance and Management

The Trustees of the charity present their report for the year ended 31 March 2026. The Trustees confirm that the Annual Report is compliant with current statutory requirements, the requirements of the charity's governing document, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Constitution and Organisational Structure

Open Age was registered by the Charity Commission as a Charitable Incorporated Organisation on the 23rd of January 2015, with charity registration number: 1160125.

The Board, comprising the charity's Trustees, consists of the Chair, the Treasurer and up to 15 individual Board members. The Board agrees the policy of the charity and is responsible for its finances and assets, and for employing staff to carry out its work. The Board meets at least four times a year. It appoints a Finance, Risk and Staffing Committee, consisting of up to six Trustees to regularly review financial and staff matters. This sub-committee also meets at least four times a year and reports to the Board.

The CEO manages the day-to-day affairs of the charity and reports regularly to the Chair and to the Board.

Recruitment and Appointment of Trustees

Up to nine Trustees are nominated and elected from the Open Age membership at the AGM. Subsequently the Board co-opts up to a further eight Trustees for the year. Co-opted members are individual members or representatives of organisations, who have been nominated and selected for the complementary skills they are able to offer. Trustees are invited to attend an induction session on appointment and are informed of ongoing training opportunities, as they arise both within the organisation and externally.

Pay Policy for senior staff

Open Age Trustees, and the Senior Management Team (made up of the CEO and 7 senior staff) comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All Trustees give of their time freely and no Trustee received remuneration in the year (2024/25: £Nil).

Regular reviews of senior staff pay levels take place using a salary benchmarking exercise against comparable organisations. The results of these reviews are approved by the Finance, Risk and Staffing Committee; the last such review was July 2025. An annual cost of living increase is also considered by the Finance, Risk and Staffing Committee, taking into account sector trends, inflationary factors and the charity's financial position.

Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions

The Trustees of the charity confirm that:

As far as they are aware, there is no relevant audit information of which the charity's auditors are unaware, and they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information Public Benefit. The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and activities and in planning future activities.

APPROVAL

This report was approved by the Trustees on 26 October 2026 and signed on their behalf by:



Eric Kihlstrom
Chair of the Board of Trustees

Auditor's Report

Opinion

We have audited the financial statements of Open Age (the 'charity') for the year ended 31 March 2026 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2026 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditors' report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the

other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
- Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non compliance;

- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involve intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Barnes Roffe Audit Ltd 04 November 2026

Simon Liggins
Barnes Roffe Audit Limited
Chartered Accountants,
Leytonstone House, 3 Hanbury Driv,e
Leytonstone
London E11 1GA

Statement of Financial Activities

Incorporating an income and expenditure account

For the year ended 31 March 2026

	Note	Unrestricted £'000	Restricted £'000	**2026 Total £'000**	Unrestricted £'000	Restricted £'000	2025 Total £'000
Income from:							
Donations and legacies	2	211	-	**211**	41	-	41
Charitable activities							
Learning, Health & Wellbeing	3	60	1,585	**1,644**	58	1,444	1,502
IT & Digital Inclusion	3	-	37	**37**	-	212	212
Employment Support	3	-	-	**-**	-	-	-
Investments interest	4	13	-	**13**	17	-	17
Total income		284	1,622	**1,906**	116	1,657	1,773
Expenditure on:							
Raising funds	5	98	-	**98**	70	-	70
Charitable activities							
Learning, Health & Wellbeing	5	500	1,634	**2,134**	231	1,493	1,724
IT & Digital Inclusion	5	60	37	**97**	13	212	225
Employment Support	5	-	-	**-**	-	-	-
Total expenditure		658	1,671	**2,329**	314	1,706	2,019
Net (expenditure)/ income for the year	6	(374)	(49)	**(423)**	(197)	(49)	(247)
Reconciliation of funds:							
Total funds brought forward		955	343	**1,298**	1,153	392	1,545
Total funds carried forward		581	294	**875**	955	343	1,298

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 17a to the financial statements.

Balance Sheet

As at 31 March 2026

	Note	£'000	**2026 £'000**	£'000	2025 £'000
Fixed assets:					
Tangible assets	11a		**294**		343
Intangible assets	11b		**-**		96
			294		439
Current assets:					
Debtors	12	34		55	
Cash at bank and in hand		1,068		1,253	
		1,102		1,309	
Liabilities:					
Creditors: amounts falling due within one year	13	(521)		(450)	
Net current assets			**581**		859
Total net assets			**875**		1,298
The funds of the charity:	17a				
Restricted income funds			**294**		343
Unrestricted income funds:					
Designated funds		50		76	
General funds		531		880	
Total unrestricted funds			**581**		955
Total charity funds			**875**		1,298

Approved by the trustees on 26 October 2026 and signed on their behalf by:

Eric Kihlstrom
Chair

Statement of Cash Flows

For the year ended 31 March 2026

	Note	2026 £'000	2026 £'000	2025 £'000	2025 £'000
Cash flows from operating activities					
Net (expenditure)/income for the reporting period (as per the statement of financial activities)		**(423)**		(247)	
Depreciation charges		**49**		49	
Amortisation charges		**96**		31	
Dividends, interest and rent from investments		**(13)**		(17)	
(Increase)/decrease in debtors		**22**		155	
Increase/(decrease) in creditors		**71**		110	
Net cash provided by/(used in) operating activities			**(198)**		82
Cash flows from investing activities:					
Dividends, interest and rents from investments		**13**		17	
Purchase of intangible fixed assets		**-**		(7)	
Net cash (used in)/provided by investing activities			**13**		9
Change in cash and cash equivalents in the year			**(186)**		91
Cash and cash equivalents at the beginning of the year			**1,253**		1,162
Cash and cash equivalents at the end of the year			**1,068**		1,253

Analysis of cash and cash equivalents and of net debt

	At 1 April 2025 £	Cash flows £	Other non-cash changes £	**At 31 March 2026 £**
Cash at bank and in hand	1,253	(186)	-	**1,068**
Total cash and cash equivalents	1,253	(186)	-	**1,068**

Notes to the Financial Statements

For the year ended 31 March 2026

1. Accounting policies

a) Statutory information

Open Age is registered with the Charity Commission for England and Wales.

The principal office address is St Charles Centre for Health and Wellbeing, Exmoor Street, London, W10 6DZ.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note. The financial statements are presented in pounds sterling and have been rounded to the nearest £'000.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

d) Going concern

The financial statements have been prepared on a going concern basis which forecasts that the charity will have adequate resources to continue in operational existence for a period of at least 12 months from the date of this financial report.

A forecast have been prepared for a period of more than 12 months from the date of approval of these financial statements. The forecasts indicates that, whilst taking into account reasonable downsides, sufficient funds are expected to be generated within the charity so as to meet liabilities as they fall due.

A significant proportion of Open Age's income continues to be derived from grants and contracts with local authority partners. These funding streams remain an important source of income and support the delivery of Open Age's services and activities.

Expenditure of these grants and contracts are not committed until they have been approved. If any of this income was cut the charity would take immediate action to mitigate any such risk by reducing expenditure in order to maintain its going concern status.

Management and trustees regularly review such risks on an ongoing basis.

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is a treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in seeking donations, legacies, non-performance related grants and other voluntary contributions.
- Charitable activities include expenditure associated with the provision of Learning, Physical, Health and Wellbeing related activities, IT and Digital training and Employment support.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Support and Governance costs

The charity initially identifies the total costs of its support functions, which include an element of staffing cost based on staff time. It then identifies those costs which relate to the governance function. Having identified its governance costs, these along with the remaining support costs, are directly allocated to the various funds attributed to the charitable activities undertaken in the year.

Governance costs are those incurred in connection with enabling the charity to comply with external regulation, constitution and statutory requirements and in providing support to the trustees in discharge of their statutory duties.

j) Operating leases

Operating leases are recognised over the period of which the lease falls due. Benefits received and receivable as an incentive to sign an operating lease are recognised over the period of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £3,000. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- New Horizons Building (Leasehold improvements) 25 years
- Fixtures and Fittings 5 years
- Computer Equipment 3 years

l) Intangible fixed assets

Intangible fixed assets are initially recognised at cost and are subsequently measured at cost less accumulated amortisation and any accumulated impairment losses.

Amortisation is provided on a straight-line basis over the estimated useful economic life of the asset. The useful economic lives of intangible assets are reviewed annually and revised where appropriate. During the year, the estimated useful economic life of certain intangible fixed assets was reassessed from five years to three years. This change in estimate has been applied prospectively and has resulted in an additional amortisation charge in the year, reducing the carrying value of the relevant assets to £nil.

- Technological Innovation 3 years

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

q) Pensions

The charity is a member of a multi-employer pension scheme administered by the Pensions Trust. All employees are members of the Growth Plan Series 4. This scheme is a defined contribution pension scheme. Since February 2016, new and existing employees who were not in the scheme were automatically enrolled into the scheme membership, unless they had exercise their right to opt out. The pension charge represents the amounts payable by the charity to the fund in respect of this year.

1.1 Judgments in applying accounting policies and key sources of estimation uncertainty

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances

Critical accounting estimates and assumptions

(a) Useful economic lives of intangible fixed assets

13

The charity reviews the useful economic lives of intangible fixed assets at each reporting date. The determination of useful economic lives requires judgement regarding the expected period over which the assets will provide benefits to the charity.

During the year, management reassessed the useful economic life of certain intangible fixed assets and reduced the estimated life from five years to three years. This resulted in additional amortisation of £64,336 being recognised in the year and the assets being fully amortised at the year end.

2. Income from donations and legacies

	Unrestricted £'000	Restricted £'000	**2026 Total £'000**	Unrestricted £'000	Restricted £'000	2025 Total £'000
Core grants	-		-	-		-
Donations	29	-	**29**	28	-	28
Legacies	183	-	**183**	13	-	13
	211	-	**211**	41	-	41

3. Income from charitable activities

	Unrestricted £'000	Restricted £'000	**2026 Total £'000**	Unrestricted £'000	Restricted £'000	2025 Total £'000
RBKC (ACL)		212	**212**		123	123
RBKC Older Prevention		395	**395**		395	395
WCC Older People Prevention		218	**218**		218	218
L B Hammersmith & Fulham		41	**41**		41	41
Be Active project		58	**58**		58	58
Kensington and Chelsea Social Council		28	**28**		28	28
Trusts, Foundations & Corporates		503	**503**		445	445
CLCH NHS Trust (Brent Falls Prevention)		17	**17**		19	19
Fees from classes and events	60		**60**	58		58
Second Half Foundation		25	**25**		85	85
RBKC (Community Public Health Programme)		88	**88**		33	33
Sub-total for Learning, Health & Wellbeing	60	1,585	**1,644**	58	1,444	1,502
RBKC (Digit All)			**-**	-	99	99
London Borough of Ealing (Digit All)			**-**	-	53	53
Digital Inclusion K&C		37	**37**		60	60
Sub-total for IT & Digital inclusion	-	37	**37**	-	212	212
Total income from charitable activities	60	1,622	**1,681**	58	1,657	1,715

Income from government grants comprises performance related and general grants made by various government bodies to enable the charity to deliver its charitable objectives; that is the delivery of health and wellbeing services for older people.

4. Income from investments

	Unrestricted £'000	Restricted £'000	**2026 Total £'000**	Unrestricted £'000	Restricted £'000	2025 Total £'000
Investment interest	13	-	**13**	17	-	17
	13	-	**13**	17	-	17

5a. Analysis of expenditure (current year)

		Charitable activities						
	Raising funds £'000	Learning, Health & Wellbeing £'000	IT & Digital inclusion £'000	Employment support £'000	Governance costs £'000	Support costs £'000	**2026 Total £'000**	2025 Total £'000
Staff costs (Note 7)	76	966	46		12	222	**1,322**	1,166
Other fundraising costs	12						**12**	16
Tutor fees		181	4				**186**	167
Premises	9	132	9			19	**169**	171
Other direct costs		370	19			6	**395**	250
Communication						69	**69**	44
Equipment						93	**93**	110
Recruitment, training and travel						35	**35**	54
Consultancy fees						31	**31**	25
Audit fees					16		**16**	15
	98	1,649	79	-	28	475	**2,329**	2,019
Support costs	-	457	18			(475)	**-**	-
Governance costs	-	28			(28)		**-**	-
Total expenditure 2026	**98**	**2,134**	**97**	**-**	**-**	**-**	**2,329**	
Total expenditure 2025	**70**	**1,724**	**225**	**-**	**-**	**-**		**2,019**

5b. Analysis of expenditure (prior year)

		Charitable activities					
	Raising funds £'000	Learning, Health & Wellbeing £'000	IT & Digital inclusion £'000	Employment support £'000	Governance costs £'000	Support costs £'000	2025 Total £'000
Staff costs (Note 7)	45	852	44		32	195	**1,166**
Other fundraising costs	16						**16**
Tutor fees		161	6				**167**
Premises	10	136	10			15	**171**
Other direct costs		110	136			5	**250**
Communication						44	**44**
Equipment						110	**110**
Recruitment, training and travel						54	**54**
Consultancy fees						25	**25**
Audit fees					15		**15**
	70	1,259	195	-	47	448	**2,019**
Support costs	-	418	30			(448)	**-**
Governance costs	-	47			(47)		**-**
Total expenditure 2025	70	1,724	225	-	-	-	**2,019**

6. Net (expenditure)/income for the year

This is stated after charging/(crediting):

	2026 £'000	2025 £'000
Depreciation	**49**	49
Amortisation	**96**	31
Operating lease rentals payable		
Other	**-**	1
Auditor's remuneration (excluding VAT)	**16**	15

7. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2026 £'000	2025 £'000
Salaries and wages	**1,152**	1,040
Social security costs	**139**	101
Employer's contribution to defined contribution pension schemes	**30**	25
	1,322	1,166

The following number of employees received employee benefits (excluding employer pension costs and employer's national insurance) during the year between:

	2026 No.	2025 No.
£60,000 – £69,999	**1**	1
£70,000 – £79,999	**1**	1
	2	2

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £508,426 (2025: £352,197).

The charity trustees were neither paid nor received any other benefits and expenses reimbursed from employment with the charity in the year (2025: £nil). No charity trustee received payment for professional or other services supplied to the charity (2025: £nil).

8. Staff numbers

The average number of employees (head count based on number of staff employed) during the year was 36 (2025: 34).

The average monthly head count of staff

	2026 No.	2025 No.
Director	**1**	1
Heads of Department	**5**	5
Service Managers & Co-ordinators	**25**	23
Support Services (Finance/Admin/Fundraising)	**5**	5
	36	34

9. Related party transactions

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

10. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

11a. Tangible fixed assets

	New Horizons Building (Leasehold improvements) £'000	Fixtures and fittings £'000	Computer equipment £'000	**Total £'000**
Cost				
At the start of the year	1,226	109	81	**1,416**
Additions in year	-	-	-	**-**
At the end of the year	1,226	109	81	**1,416**
Depreciation				
At the start of the year	883	109	81	**1,073**
Charge for the year	49	-	-	**49**
At the end of the year	932	109	81	**1,122**
Net book value At the end of the year	294	-	-	**294**
At the start of the year	343	**-**	-	**343**

All of the above assets are used for charitable purposes.

11b. Intangible fixed assets

Technological Innovation	**Total £'000**
Cost	
At the start of the year	**157**
Additions in year	**-**
At the end of the year	**157**
Depreciation	
At the start of the year	**(61)**
Charge for the year	**(96)**
At the end of the year	**(157)**
Net book value At the end of the year	**-**
At the start of the year	**96**

During the year, the useful economic life of certain intangible fixed assets was reassessed from five years to three years based on management's updated assessment of the period over which the assets are expected to generate economic benefits.

As a result, an additional amortisation charge of £64,336 was recognised during the year, resulting in the assets being fully amortised at the year end.

12. Debtors

	2026 £'000	2025 £
Trade debtors	**3**	2
Other debtors		
Prepayments	**7**	7
Accrued income	**23**	47
	34	55

13. Creditors: amounts falling due within one year

	2026 £'000	2025 £
Trade creditors	**156**	90
Other creditors		
Taxation and social security	**25**	22
Accruals	**197**	138
Deferred income (note 14)	**143**	199
	521	450

14. Deferred income

Income is deferred when received in the financial period but has not been earned by the end of the year.

	2026 £'000	2025 £
Balance at the beginning of the year	**199**	138
Amount released to income in the year	**(199)**	(138)
Amount deferred in the year	**143**	199
Balance at the end of the year	**143**	199

15. Pension scheme

The charity is a member of a multi-employer pension scheme administered by the Pensions Trust. All employees are members of the Growth Plan Series 4. This scheme is a defined pension contribution scheme and contributions are charged in the statement of financial activities.

The charge for the year for the Charity for pension is £30,487 (2025: £25,093). The amount outstanding in respect of The Pensions Trust at 31 March 2026 was £7,411 (2025: £30,650).

16a. Analysis of net assets between funds (current year)

	General unrestricted £'000	Designated £'000	Restricted £'000	**Total funds £'000**
Tangible fixed assets (Leasehold improvements)	-	-	294	**294**
Current Assets	1,052	50	-	**1,102**
Creditors due within one year	(521)	-	-	**(521)**
Net assets at 31 March 2026	**531**	**50**	**294**	**875**

16b. Analysis of net assets between funds (prior year)

	General unrestricted £'000	Designated £'000	Restricted £'000	**Total funds £'000**
Tangible fixed assets (Leasehold improvements)	-	-	343	**343**
Intangible fixed assets (CRM)	96	-	-	**96**
Current Assets	1,233	76	-	**1,309**
Creditors due within one year	(450)	-	-	**(450)**
Net assets at 31 March 2025	**880**	**76**	**343**	**1,298**

17a. Movements in funds (current year)

	At 1 April 2025 £'000	Income & gains £'000	Expenditure & losses £'000	Transfers £'000	**At 31 March 2026 £'000**
Restricted funds:					
Barnet Prevention Falls	-	4	(4)	-	**-**
Brent – Steady and Stable	-	16	(16)	-	**-**
Charities Trust	-	3	(3)	-	**-**
City of London – Bridge House Charities	-	51	(51)	-	**-**
CLCH Brent Falls Prevention	-	17	(17)	-	**-**
Delivery of the Active Communities	-	6	(6)	-	**-**
Edward Harvis Trust (COW)	-	6	(6)	-	**-**
H&F LB Linked In and Active	-	41	(41)	-	**-**
Henry Smith	-	40	(40)	-	**-**
Hyde Park Place Estate Charity	-	2	(2)	-	**-**
Julia Rausing Trust	-	167	(167)	-	**-**
Kensington and Chelsea Social Council	-	26	(26)	-	**-**
Nancy Viscountess Blakenham's Charitable Trust	-	10	(10)	-	**-**
National Lottery Community Fund	-	4	(4)	-	**-**
NHS Tri BoroughCCGS – Steady and Stable Project	-	140	(140)	-	**-**
PCC St Stephens Church	-	1	(1)	-	**-**
Percy Bilton Charity	-		()	-	**-**
RBKC – ACL Adult Education	-	212	(212)	-	**-**
RBKC – Community Public Health Programme	-	88	(88)	-	**-**
RBKC – Keep Active	-	18	(18)	-	**-**
RBKC – Older People Prevention (Public Health)	-	395	(395)	-	**-**
RBKC – Sports Development Team	-	2	(2)	-	**-**
Residential Management Group Ltd	-	1	(1)	-	**-**
Royal Institute of Philosophy	-	2	(2)	-	**-**
Second Half Foundation	-	25	(25)	-	**-**
Silver Sunday	-	6	(6)	-	**-**
South Primary Care Network	-		()	-	**-**
The D'Oyly Carte Charitable Trust	-	3	(3)	-	**-**
The Eddleston Settlement – Grant	-	1	(1)	-	**-**
The Invesco Care	-	1	(1)	-	**-**
The Kensington & Chelsea Foundation	-	1	(1)	-	**-**
WCC – Keep Active	-	41	(41)	-	**-**
WCC – Older People Prevention (Public Health)	-	218	(218)	-	**-**
Westminster Almshouses	-	8	(8)	-	**-**
Westminster Amalgated Charity	-	3	(3)	-	**-**
Westminster CC & CCG Queens Park	-	3	(3)	-	**-**
Westminster CC s75 Time for Me	-	23	(23)	-	**-**
Quorum Cyber	-	20	(20)	-	**-**
Three Hands – Experian	-	6	(6)	-	**-**
Version 1 – DigitAll Grant	-	6	(6)	-	**-**
Quorum Cyber	-	3	(3)	-	**-**
Imperial College – consultancy	-	1	(1)	-	**-**
Newlyn Plc – DigitAll contribution	-	1	(1)	-	**-**
New Horizons Building Development	343		(49)	-	**294**
Total restricted funds	**343**	**1,622**	**(1,671)**	**-**	**294**

17a. Movements in funds (current year) *continued*

	At 1 April 2025 £'000	Income & gains £'000	Expenditure & losses £'000	Transfers £'000	**At 31 March 2026 £'000**
Unrestricted funds:					
Designated funds:					
New Strategy	50	-	-	-	**50**
Other works for New Horizons	26	-	-	(26)	**-**
CRM System	-	-	-		**-**
Total designated funds	76	-	-	(26)	**50**
General funds	**880**	**284**	**(658)**	**26**	**531**
Total unrestricted funds	**955**	**284**	**(658)**	**-**	**581**
Total funds	**1,298**	**1,906**	**(2,329)**	**-**	**875**

The narrative to explain the purpose of each fund is given at the foot of the note 17b.

176. Movements in funds (prior year)

	At 1 April 2024 £'000	Income & gains £'000	Expenditure & losses £'000	Transfers £'000	**At 31 March 2025 £'000**
Restricted funds:					
Active Westminster	-	2	(2)	-	**-**
Charities Trust	-	3	(3)	-	**-**
Rathbones – Mens Space	-	5	(5)	-	**-**
Westminster Almshouses	-	10	(10)	-	**-**
City of London – Bridge House Charities	-	50	(50)	-	**-**
Royal Institute of Philosophy	-	1	(1)	-	**-**
The Childwick Trust	-	11	(11)	-	**-**
The Kensington & Chelsea Foundation	-	4	(4)	-	**-**
The Clothworkers Foundation	-	20	(20)	-	**-**
Hyde Park Place Estate Charity	-	6	(6)	-	**-**
Imperial College – Consultancy	-	1	(1)	-	**-**
Westminster Amalgamated Charity	-	5	(5)	-	**-**
Barnet Prevention Falls	-	10	(10)	-	**-**
The Julia Rausing Trust	-	51	(51)	-	**-**
Delivery Of the Active Communities	-	5	(5)	-	**-**
MERCERS GRANT	-	10	(10)	-	**-**
RBKC – Sports Development Team	-	5	(5)	-	**-**
PCC ST STEPHENS CHURCH	-	1	(1)	-	**-**
Good Things Foundation	-	8	(8)	-	**-**
THRIVE TRIBE	-		()	-	**-**
National Lottery Community Fund	-	6	(6)	-	**-**
Silver Sunday- RBKC	-	6	(6)	-	**-**
Westminster CC s75 Time for Me	-	23	(23)	-	**-**
NHS Tri BoroughCCGS – Steady and Stable Project	-	140	(140)	-	**-**
Brent – Steady and Stable	-	7	(7)	-	**-**
The Henry Smith Charity	-	40	(40)	-	**-**
RBKC Digitall	-	99	(99)	-	**-**
Edward Harvist Trust (COW)	-	11	(11)	-	**-**
Westminster CC & CCG Queens Park & Harrow Road Ward	-	2	(2)	-	**-**
Second Half Exhibitions	-	85	(85)	-	**-**
RBKC – Community Public Health Programme	-	33	(33)	-	**-**
H&F LB Linked In and Active	-	41	(41)	-	**-**
CLCH Brent Falls Prevention	-	19	(19)	-	**-**
RBKC – Older People Prevention (Public Health)	-	395	(395)	-	**-**
RBKC – Keep Active	-	18	(18)	-	**-**
WCC – Older People Prevention (Public Health)	-	218	(218)	-	**-**
WCC – Keep Active	-	41	(41)	-	**-**
RBKC – ACL Adult Education	-	123	(123)	-	**-**
Kensington and Chelsea Social Council	-	28	(28)	-	**-**
London Borough of Ealing – Digitall	-	53	(53)	-	**-**
Digital Inclusion K&C	-	60	(60)	-	**-**
New Horizons Building Development	392		(49)	-	**343**
Total restricted funds	**392**	**1,657**	**(1,706)**	**-**	**343**

17b. Movements in funds (prior year) *continued*

	At 1 April 2024 £'000	Income & gains £'000	Expenditure & losses £'000	Transfers £'000	**At 31 March 2025 £'000**
Unrestricted funds:					
Designated funds:				50	**50**
New Strategy	-	-	-	-	**-**
Other works for New Horizons	26	-	-	-	**26**
CRM System	-	-	-	-	**-**
Total designated funds	26	-	-	50	**76**
General funds	**1,127**	**116**	**(314)**	**(50)**	**880**
Total unrestricted funds	**1,153**	**116**	**(314)**	**-**	**955**
Total funds	**1,545**	**1,773**	**(2,019)**	**-**	**1,298**

Purposes of restricted funds

Grants, which are received for specific projects, are accounted for as restricted funds. The balances on restricted funds as at 31st March 2026 arise for specific projects.

Second Half Centre, New horizons Centres, The Avenues, and St Margaret's

Open Age delivers a large weekly programme of Learning, Physical Activity and Arts and Culture activities in The Royal Bough of Kensington and Chelsea, and the City of Westminster. We operate from 40+ community venues and four centres operates by the charity. This activity is funded by a variety of grants including, North West London ICB, RBKC and WCC prevention contracts, RBKC Adult Community Learning, and the Second Half Foundation.

Time for Me

Project providing activities and trips for older carers across the Royal Borough of Kensington and Chelsea, and the City of Westminster funded through RBKC and NWL ICB.

DigitAll

A project that tackles Digital Exclusion in Older People by targeting barrier to access. Open Age is the lead partner working with a number of delivery organisations to reach older people. Funded by CW+ and Imperial College Healthcare Trust.

18. Operating lease commitments payable as a lessee

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods

Equipment

	2026 **£**	2025 £
Less than one year	**-**	651
One to five years	**-**	-
Over five years	**-**	-
	-	651

19. Legal status of the charity

The charity is registered as a Charitable Incorporated Organisation (CIO) with the Charity Commission.

The charity is registered in England and its registered address is St Charles Centre for Health and Wellbeing, Exmoor Street, London, W10 6DZ.



www.OpenAge.org.uk

St. Charles Centre for Health and Wellbeing,
Exmoor Street, London W10 6DZ

020 4516 9978

Registered with FUNDRAISING REGULATOR

Registered Charity Number: 1160125

OPEN AGE